

Diary Dates 2023

January 11th Homeopathy & Natural Health

Michelle Riches is a registered homeopath, who is extremely knowledgeable in this area; she will talk about how natural medicine can help with a range of health conditions.

February 8th Mandala painting

Come and have a go at creating a mandala dot painting. A Mandala symbolises the universe; it means circle or completion in Sanskrit.



Tina Bodsworth provides simple instructions and all the tools for you to create this beautiful artwork made up of mesmerising patterns and colours.

March 8th AGM

Annual Reports, Financial Statement, Election of Committee & President for the year 2023/2024.

April 12th Resolutions & Quiz

Open discussion and vote on this year's National WI resolution - always a fascinating and important topic. Followed by a team quiz, so get your thinking caps on.

We also have a fabulous raffle at each meeting

May 10th Caring for your skin

How to look after our skin. Skincare and make up ambassador, Sam Cunningham, will provide advice on great skincare regimes and how to feel fabulous. Find out what we should and shouldn't be doing to our skin.



June 14th You cannot be serious!



Anyone for tennis! Alan Gray talks about his life in the world of tennis and its stars, and lets us go behind the scenes at Wimbledon. An entertaining evening about being a tennis player, line judge and umpire.

July 12th Bedfordian Afternoon Tea

Gemma Colby from The Copper Kitchen will give an insight into the history of the Bedfordian afternoon tea. Scrumptious way to spend an evening. Form an orderly queue ladies!



No meeting August

September 13th Taster Movement Session

Melissa Wilkins teaches keep fit to music so wear comfortable loose clothing and be ready to try out some new moves. Suits all basic levels of fitness. Light-hearted and fun.

October 11th How to enjoy your houseplants

Ever looked at your houseplants and wondered "what am I doing wrong?" Susie Lickman's advice on how to care for houseplants is the answer. You can even bring your poorly plant with you for the Q&A session.

November 8th Fun Oil Painting Demo

By Michael Peachey. Humorous talk on Life as an Artist with painting demonstration. Ideal for those with no particular knowledge/background in art. Be prepared for audience participation!

December 13th Christmas fun & games

All those fun childhood games you thought you had forgotten, and a fabulous Christmas buffet. Celebrate with friends!

Remember we have additional trips and fund raisers throughout the year, please check our Facebook and webpage for details.

Hope to see you soon!